

# Photostories Guidance Notes

## Callum and Denise's Story

The Photostory notes are for carers and educators of young adults with learning disabilities. These notes will help you explore the themes of the story as you work through them.

The notes are written to help you create a discussion about the main learning outcomes. Each photo is numbered and has an accompanying series of questions that relates to the story.

Read through the story together first and then reread the story using some of the questions to encourage informal discussion. If you are working with a group of people you may wish to use more of the questions to create debate amongst the group. If you are working one to one it may be wiser to use fewer questions. The questions will not be suitable for everyone. It will depend on the level of the learner's ability.

### Learning Outcomes

#### The learner will understand:

1. being in a relationship means getting to know each other
2. you should ask permission before you touch someone else
3. you can say yes or no to being touched
4. if you feel unhappy or angry about something you should talk about it with someone you trust
5. all forms of abuse in a relationship are wrong

The following list of feelings might be helpful if the person being supported is not sure how someone might feel in a particular situation.

Angry	Depressed	Joyful	Sexy
Ashamed	Disgusted	Loving	Shocked
Calm	Embarrassed	Nervous	Shy
Comfortable	Excited	Relaxed	Surprised
Confident	Happy	Sad	Uncomfortable
Confused	Jealous	Safe	

## Callum and Denise - Key questions are in bold

- Frame 1**     **How do you know when someone is your friend?**  
What is the difference between friends and family?  
What is the difference between a friend and a boyfriend/girlfriend?
- Frame 2**     **What does it mean to fancy someone?**  
How would you feel if you fancied someone?  
What would you find attractive in someone?
- Frame 3**     **Why does Callum ask Denise to be his girlfriend?**  
What do you think Denise is thinking/feeling?  
What do you think Callum is feeling?
- Frame 4**     **Why are Denise's friends surprised that Callum is her boyfriend?**  
*Callum and Denise did not know each other very well before they became boyfriend and girlfriend. Denise hadn't told her friends that she liked Callum.*

### Learning Outcome 1:

**Being in a relationship means getting to know each other better.**

- Frame 5**     **Why does Denise want a boyfriend?**  
*She wants to have a boyfriend, to feel grown up, to feel special...*
- Frame 6**     **How do Denise and Callum feel about being girlfriend and boyfriend?**  
*Proud, happy, excited.*
- Frame 9**     **Why is Callum angry, what do you think of his reaction?**  
*He is jealous of Denise spending time with her friends, he is insecure. Maybe he doesn't know her well enough to know he can trust her.*
- How does Denise feel?**  
*Confused, upset, special..*  
Why does she agree not to go?
- Frame 10**    **Is it Ok for Denise to talk to other men?**  
Yes.
- Frame 11**    **Is it Ok to hug someone when they don't want to be hugged?**  
*No, Callum should ask Denise before hugging her as it may make her feel uncomfortable.*  
How is Denise feeling?

### **Learning Outcome 2:**

**You should ask permission before you touch someone else**

- Frame 12**    **Is it Ok for Callum to criticise Denise?**  
*No, she should be able to make her own decisions and not be forced to do things she is unhappy with.*
- Frame 13**    **Is it Ok for Callum to check Denise’s phone to see who is texting her?**  
*No, Callum should ask Denise’s permission.*  
How does Denise feel about this?
- Frame 14**    **Why is Callum worried that Denise doesn’t love him?**
- Frame 15**    **What is Callum doing that upsets Denise?**  
*He is trying to control what she does and not allowing her to make decisions for herself.*
- Frame 16**    **Why does Denise tell Callum to stop kissing her?**
- Frame 18**    **How is Callum feeling?**  
**How is Denise feeling?**  
Why is Denise happy to kiss and cuddle Callum?  
*She still wants to have a boyfriend and be loved*
- Frame 19**    **Denise doesn’t like Callum touching her breasts, what should she do?**  
*Denise’s breasts are private. She should say no if she doesn’t want to be touched.*

### **Learning Outcome 2:**

**You should ask permission before you touch someone else**

- Frame 20**    **Why does Denise tell her friend what happened?**  
**Who could you talk to if you needed advice?**  
*A trusted adult, parent, carer....*

### **Learning Outcome 4:**

**If you feel unhappy or angry about something you should talk about it with someone you trust.**

- Frame 21**    **What do you think about the advice Denise’s friend gives her?**  
What would you advise Denise to do?

### **Learning Outcome 3:**

**You can say yes or no to being touched.**

- Frame 23**    **How does Denise feel when Callum tries to force her to cuddle him?**
- Frame 24**    **Why does Denise say “No!”?**  
Is it difficult to say no to someone you like?

**Frame 25** **Is it Ok for Callum to have sex with Denise if she doesn't want to?**  
*No, this is not Ok. Sex should happen between adults who have agreed that they both want to have sex. Forcing someone to have sex is against the law.*

**Learning Outcome 5:**  
**All forms of abuse in a relationship are wrong.**

**Frame 26** **Is it Ok for Denise to say "No!" to Callum.**  
*Denise should not be forced to anything that she does not want to do; she should only have sex with someone if she wants to.*

**Frame 27** **Can you say "No!"?**  
Try it now.

**Frame 28** **Why does Callum shout at Denise?**  
How is Denise feeling?  
Why?

**Frame 30** **What are some of the things Callum did wrong?**  
*He stopped her from seeing her friends. He took her phone and read her text messages. He cuddled her and touched her private body parts when she didn't want him to. He tried to have sex with her, got angry and shouted at her when she said no.*

**What do you think Callum has learned about having a girlfriend?**

*He should have spent time getting to know Denise, going on dates, meeting each others friends, family etc. He should not have tried to control Denise and force her to do things she was not happy doing.*

**Frame 31** **What has Denise learned about having a boyfriend?**  
*She has learnt that she should have spent time getting to know Callum and that you can still have friends and a boyfriend. You can say no to anything that makes you feel uncomfortable or unhappy.*

**Frame 33** **What have you learned from Callum and Denise's story?**