

# Photostories Guidance Notes

## Eric and Fraser's Story

The Photostory notes are for carers and educators of young adults with learning disabilities. These notes will help you explore the themes of the story as you work through them.

The notes are written to help you create a discussion about the main learning outcomes. Each photo is numbered and has an accompanying series of questions that relates to the story.

Read through the story together first and then reread the story using some of the questions to encourage informal discussion. If you are working with a group of people you may wish to use more of the questions to create debate amongst the group. If you are working one to one it may be wiser to use fewer questions. The questions will not be suitable for everyone – it will depend on the level of the learner's ability.

### Learning Outcomes

#### The learner will understand:

1. being in a relationship means getting to know each other
2. you should ask permission before you touch someone else
3. you can say yes or no to being touched
4. kissing and cuddling should happen in a private place
5. being abusive to someone because they are gay or lesbian is wrong
6. it's Ok to be gay
7. gay people can get support from lesbian, gay, bisexual and transgender (LGBT) groups
8. if two men have sex, they should use condoms and lubricant

The following list of feelings might be helpful if the person being supported is not sure how someone might feel in a particular situation.

|             |             |         |               |
|-------------|-------------|---------|---------------|
| Angry       | Depressed   | Joyful  | Sexy          |
| Ashamed     | Disgusted   | Loving  | Shocked       |
| Calm        | Embarrassed | Nervous | Shy           |
| Comfortable | Excited     | Relaxed | Surprised     |
| Confident   | Happy       | Sad     | Uncomfortable |
| Confused    | Jealous     | Safe    |               |

## Eric and Fraser - Key questions are in bold

- Frame 1**     **How do you know when someone is your friend?**  
What is the difference between friends and family?  
What is the difference between a friend and a boyfriend/girlfriend?
- Frame 2**     **What does it mean to fancy someone?**  
How would you feel if you fancied someone?  
What would you find attractive in someone?
- Frame 3**     **Is it Ok for Eric to fancy other men?**  
*Yes, this is normal and Ok.*
- Frame 6**     **Why does Fraser ask Eric to go to a football match with him?**  
*He likes him, maybe even fancies him.*
- Frame 7**     **How do you think Eric is feeling?**  
*He is excited, confused, nervous, tingly.*  
**How do you think Fraser is feeling?**
- Frame 8**     **Why do you think Fraser wants to see Eric again?**  
*He enjoyed spending time with him, maybe he fancies him.*

### Learning Outcome 1:

**Being in a relationship means getting to know each other**

- Frame 12**    **Do you think Eric and Fraser fancy each other or are they just friends?**
- Frame 13**    **Why does Eric ask Fraser if he can hug him?**  
*He likes him and wants to be close to him. He needs to ask permission before he touches him.*

### Learning Outcome 2:

**You should ask permission before you touch someone else.**

### Learning Outcome 3:

**You can say yes or no to being touched.**

- Frame 14**    **How do you think Eric and Fraser are feeling while they hug?**
- Why is it important to hug in a private place?**  
*It is nicer to be alone together. Other people may feel uncomfortable or it may not be allowed in some places.*

### Learning Outcome 4:

**Kissing and cuddling should happen in a private place.**

- Frame 17**    **Is it Ok for Fraser to hold Eric's hand?**
- Frame 18**    **How does holding hands make them feel?**

**Frame 19** What does it mean to be someone's boyfriend?

**Frame 20-23** Why is it important for Eric and Fraser to get to know each other and do lots of things together?

*So they get to know each other better over time and find things they have in common.*

What other things might boyfriends do together?

**Learning Outcome 1:**

**Being in a relationship means getting to know each other.**

**Frame 24** Why do Eric and Fraser tell their friends that they are going out together?

*They want to share their good news.*

**Frame 25** Why do some of their friends think being gay is 'disgusting'?

*Perhaps that's what other people have told them or because they are scared. Maybe they think they don't know any gay people.*

**Why is it wrong to call people names?**

*It is hurtful and upsetting. It can also be bullying behaviour.*

**Learning Outcome 5:**

**Being abusive to someone because they are gay or lesbian is wrong.**

**Frame 26** Why does Eric feel sad?

*He is unhappy about the reaction of his friends.*

**Frame 27** Is it Ok to be gay?

*Yes. People have different sexual orientations – lesbian, gay, bisexual or heterosexual and they are all perfectly normal.*

**Learning Outcome 6:**

**It is Ok to be gay.**

**Frame 28** What does LGBT stand for?

*Lesbian, Gay, Bisexual, Transgender*

**What does lesbian mean?**

*A lesbian is a woman who is emotionally and sexually attracted to other women.*

**What does gay mean?**

*A gay man is a man who is emotionally and sexually attracted to other men.*

**What does bisexual mean?**

*A bisexual person is emotionally and sexually attracted to both men and women.*

**What does transgender mean?**

*Transgender is a term used for people who do not fit with the sex they were born into. e.g. A girl may grow up wanting to be a boy or a boy may feel more like a girl.*

**Frame 29** Do you think Eric is nervous about going to the LGBT group?

**Frame 30** What do you think would happen at an LGBT group?  
*They will meet other LGBT people, have fun, chat and make friends and get support.*

**Learning Outcome 7:**  
**Gay people can get support from LGBT groups.**

**Frame 32** Why should Fraser and Eric use condoms and lubricant if they have sex?  
*To protect themselves from sexually transmitted infections*

**Learning Outcome 8:**  
**If two men have sex they should use condoms and lubricant.**

**Frame 33** Where else could Eric and Fraser get condoms from?  
*From a sexual health clinic.*

**Do you know where your nearest Sexual Health clinic is?**  
[www.centralexualhealth.org](http://www.centralexualhealth.org) or  
[www.sexualhealthscotland.co.uk](http://www.sexualhealthscotland.co.uk)

**Frame 34** What have you learned from Eric and Fraser's story?