

Missed pill guidance for combined oral contraception

ONE or TWO pills missed
OR
ONE pill missed if she is using
Loestrin 20, Mercilon,
Femodette

THREE or MORE pills missed
OR
TWO or MORE pills missed if
she is using Loestrin 20,
Mercilon, Femodette

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She should take a pill as soon as possible and continue taking pills daily*

She does not require additional contraceptive protection

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She should take the pill as soon as possible and continue daily pill taking*

She should be advised to use condoms or abstain until she has taken pills for 7 days in a row

IN ADDITION

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MISSED PILLS IN WEEK ONE (DAYS 1-7)

Emergency contraception should be considered if she had unprotected sex in the pill free interval or in the first week of pill taking

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MISSED PILLS IN WEEK THREE (DAYS 15-21)

She should finish the pills in her current packet and start a new packet the next day thus avoiding the pill free interval

Depending on when she remembers her missed pill she may take two pills on the same day (one at the moment of remembering and the other at the regular time) or even at the same time