

Additional work with male students.

Social stories could be used to explain what a boy should do if he has an erection at school.

One example is below:

Sometimes a boy will have an erection in the morning when he wakes up.

Sometimes a boy will have an erection during the day, maybe if he is in school, college or work.

If you have an erection at school you should just sit still and not wander about.

One thing you can do if you have an erection when you are at school is to put your coat or bag in front of you.

This will hide your erection so nobody else can see.

After a while your erection will finish and your penis will become soft again.

- You can use Boardmaker symbols with the social story.
- The social story can be used at school and at home.

E RECTIONS

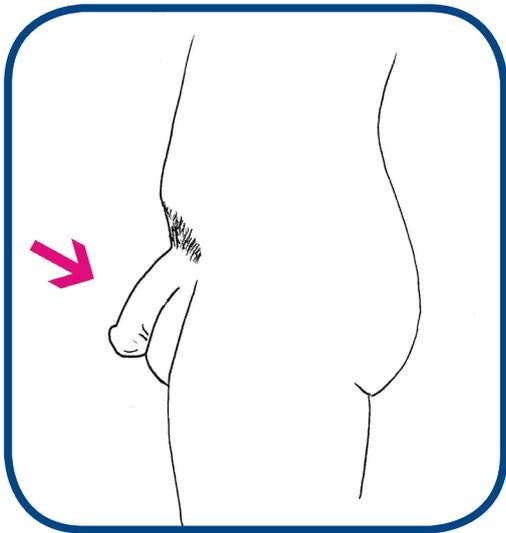
Worksheets

Sometimes a man's penis goes hard and sticks out from his body. This is called an erection.

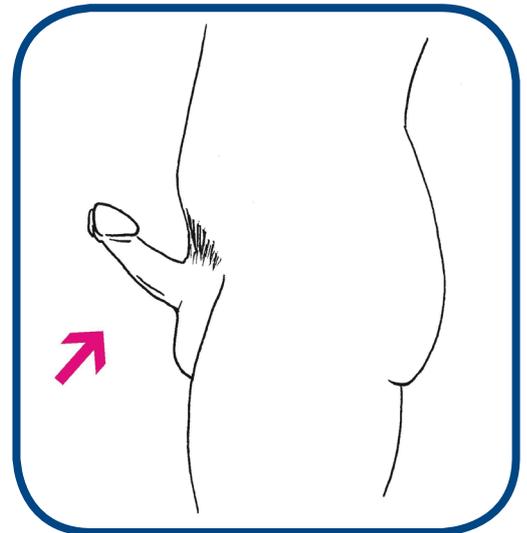
It is normal and nothing to be embarrassed about.

Sometimes an erection happens when a man feels sexy, or fancies someone, but sometimes it happens at other times.

When boys start to have erections they know they are growing up.



soft penis



erect penis

WHAT CAUSES AN ERECTION?

When a boy has an erection, his body releases chemicals called hormones.

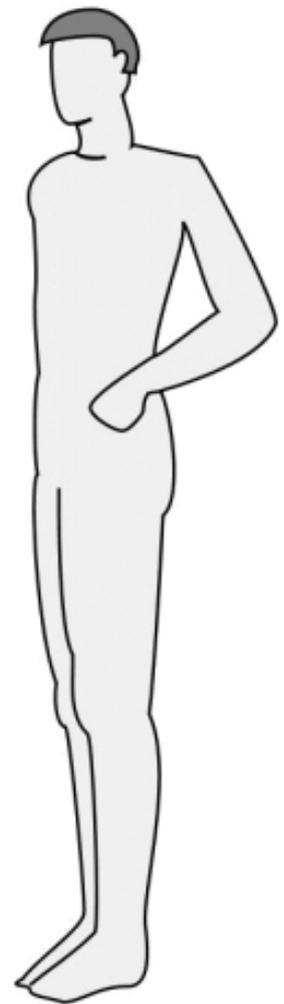
These hormones cause blood to flow in to his penis.

This is what makes his penis go hard and stick out from his body.

Erections can happen anytime.

After a while the erection will finish and his penis will become soft again.

Draw an erect penis on the body of this man.



WHAT CAUSES AN ERECTION? - MEMORY GAME

Can you remember the information about erections?

Fill in the missing words. They are at the bottom of the page to help you if you have forgotten.

When a boy has an erection, his body releases chemicals called

_____.

These hormones cause _____ to flow in to his penis.

This is what makes his penis go _____ and stick out from his body.

Erections can happen anytime.

After a while the erection will finish and his penis will become

_____ again.

blood

soft

hard

hormones

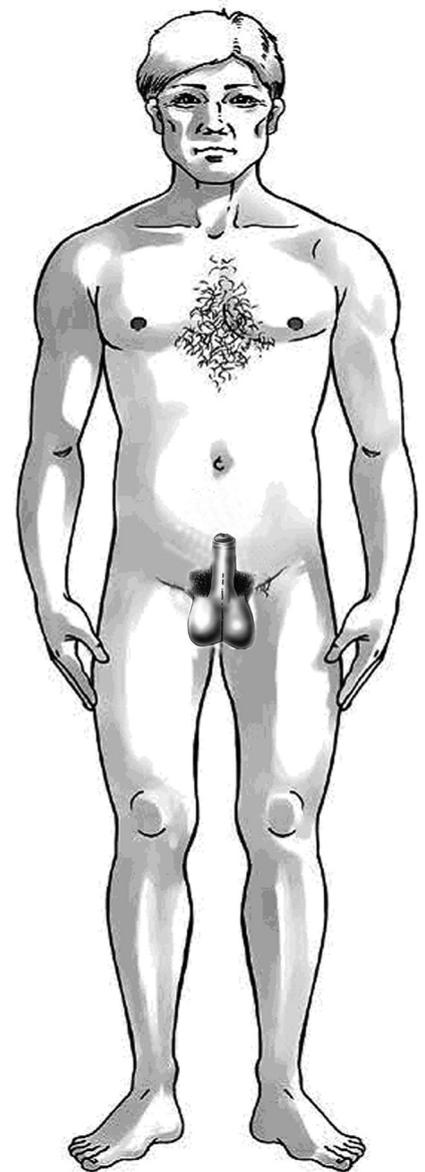
WHY DO BOYS PRODUCE SEMEN AND SPERM?

When a boy starts to grow in to a man, he produces semen and sperm in his testicles.

When he is an adult, he can use his semen and sperm to make a baby if he wants to.

Although a boy is too young to have a baby, his body will practice making sperm.

This is so his body is ready to have a baby when he grows up.



Draw a line to the man's testicles, where the semen and sperm is made.

MALE BODY CHANGES

Here is a list of some of the things that happen to boys during puberty.

Tick any you remember:

- Body gets taller
- Hair grows on arms and legs
- Voice gets deeper
- Hormones are made in his body
- Penis becomes erect
- Hair grows on chest
- Penis gets larger
- Armpits are sweaty
- Hair becomes greasy
- Spots appear on face
- Testicles get larger
- Semen and sperm ejaculate from the penis
- Wet dreams sometimes happen
- Pubic hair grows around testicles and penis
- Semen and sperm are made in the testicles

Add any more that you can think of:

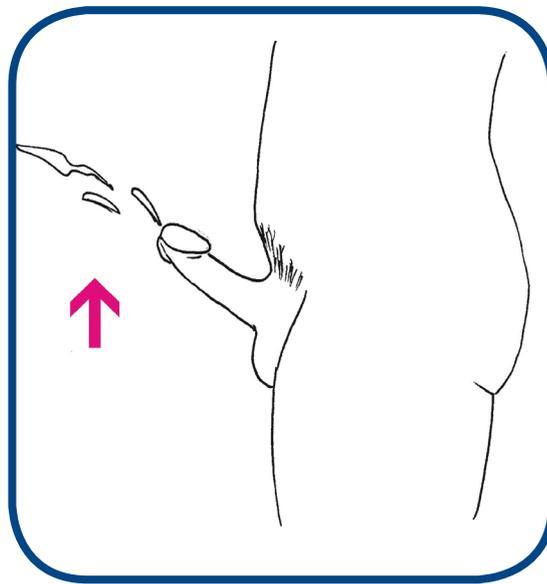
PRIVATE CHANGES TO BOYS BODIES

When a boy has an erection, sometimes a creamy liquid comes out of the end of his penis.

This creamy liquid is semen and sperm.

When semen and sperm come out of the end of a penis, it is called ejaculating.

Ejaculating semen and sperm is normal for boys, but it is private.



sperm ejaculates from the
erect penis

WET DREAMS

Sometimes a man will get an erection while he is sleeping. Semen will ejaculate from his penis while he is sleeping. This is called a wet dream.

Boys usually start having wet dreams from about 11 or 12 years.

A wet dream happens when a boy is sleeping.

He may be having a nice or a sexy dream.

His penis will become hard. This is called an erection.

His penis will ejaculate and sperm will come out.

When the boy wakes up he may have wet pyjamas or sheets.

Wet dreams are normal for boys.

Most boys have wet dreams.



ERECTIONS AND WET DREAMS QUIZ

Please tick True or False.

	True	False
It is normal for boys to have erections	<input type="checkbox"/>	<input type="checkbox"/>
It is normal for boys to have wet dreams	<input type="checkbox"/>	<input type="checkbox"/>
All boys have wet dreams	<input type="checkbox"/>	<input type="checkbox"/>
Erections can happen any time	<input type="checkbox"/>	<input type="checkbox"/>
Wet dreams can happen any time	<input type="checkbox"/>	<input type="checkbox"/>
Wet dreams happen when a boy is sleeping	<input type="checkbox"/>	<input type="checkbox"/>
An erection is when a boy's penis becomes hard and sticks out from his body	<input type="checkbox"/>	<input type="checkbox"/>
Semen and sperm comes out of a boy's penis when he ejaculates	<input type="checkbox"/>	<input type="checkbox"/>
A boy makes semen and sperm in his testicles	<input type="checkbox"/>	<input type="checkbox"/>