

Pornography & Relationships

Lesson 3

Experiences & Outcomes

- I am **developing skills** for making decisions about my relationships and sexual behaviour. I am able to apply these to situations that may be challenging or difficult.

HWB 3-46c / 4 – 46c

Learning Outcomes

We are learning to

- develop skills in making decisions about relationships and sexual behaviour.

Success Criteria

- I can discuss the effect pornography can have on relationships.
- I can give examples of some of the issues pornography use can raise.
- I can apply what I have learned about pornography to decisions in my own relationships.

Safety Warning



What do you remember from lesson 2?



Porn sex or healthy sex?

- Have a look at the cards provided. You are going to divide the cards into two groups, one group will represent porn sex, the other healthy sex.
- There may be cards you are not sure where to place. What was challenging about these cards?
- Do you notice any themes in the two groups of cards?



Porn sex or healthy sex?

- What is the impact on relationships of confusing porn sex with healthy sex?
- What about consent?
- What about safe sex, condom use?



CONSENT
IS EVERYTHING.



Problem Page - What advice could you give ...?



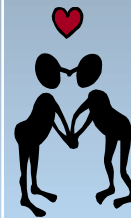
My boyfriend is going on holiday and has asked for a naked picture of me, I don't want him to meet someone else when he is away so a reminder of me will help.



My friend said my girlfriend would expect me know everything about sex.



I need my girlfriend to watch porn so she knows what to do when we are having sex.



My friends have said looking at porn will help me feel confident.

Something to think about ...

Porn shows women as objects not as human beings.

Porn actors don't have control over who they have sex with or what kind of sex they have.

You can't be sure you're not watching a real-life rape. A lot of the acts they have to do are painful and dangerous.

Porn endlessly repeats extreme sex acts, but what you don't see in porn is the kind of sex that most people actually enjoy like close contact, touching all over and comfortable body positions.

If you grow up with porn sex as your model, you worry you're not good enough.

Really feeling sexy means enjoying how good your body makes you feel, not trying to act like a porn star.