

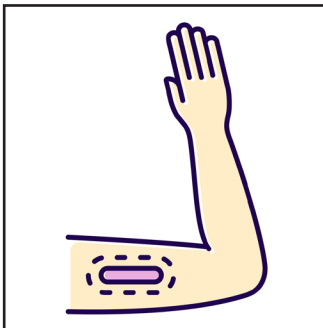
The Implant



The implant is a contraceptive for women.

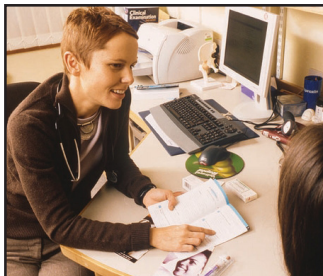


The implant can prevent pregnancy.



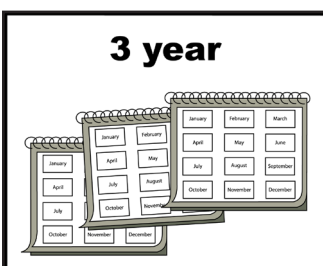
The implant is a small rod.

It is placed under the skin in the arm.



It is fitted by your GP or a doctor at the sexual health clinic.

You will have a local anaesthetic to stop it hurting.



The implant can last for 3 years.



Your periods might change.

Speak to your GP or doctor if you are worried.



See your GP or doctor when you want to have your implant removed



You should still use condoms when having sex.

Condoms can prevent sexually transmitted infections.



You can get free condoms from:

- Sexual Health Clinics
- some GPs in Forth Valley
- online by post from
<https://www.freecondomscentral.co.uk>

Or you can buy them from supermarkets or pharmacies.

To book an appointment at your local Sexual Health Clinic call 01324 673554 or check the website for local clinic times.

[Services for All \(centralsexualhealth.org\)](http://centralsexualhealth.org)

www.centralsexualhealth.org

Remember that it is your choice if you want to have sex or not.

You should never have sex if you don't want to.

January 2023