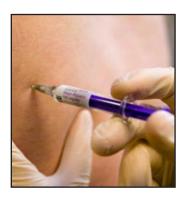
The Injection (Jag) NHS Forth Valley

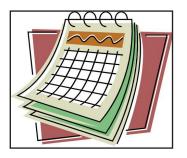


The injection (or jag) is a contraceptive for women.



The injection can prevent pregnancy.





The injection is given by your GP or a doctor at the sexual health clinic.

It goes into a muscle in the bottom.

The injection lasts for 12 weeks.





Your periods may change.

This is normal.

After 12 weeks, see your GP, doctor or nurse about getting another injection.



You should still use condoms when having sex.

Condoms can prevent sexually transmitted infections.

Remember that it is your choice if you want to have sex or not.

You should never have sex if you don't want to.

January 2023