

The Progesterone Only Pill



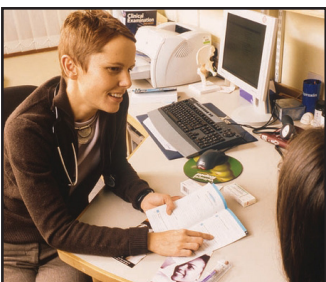
The pill is a contraceptive for women.



The pill can prevent pregnancy.

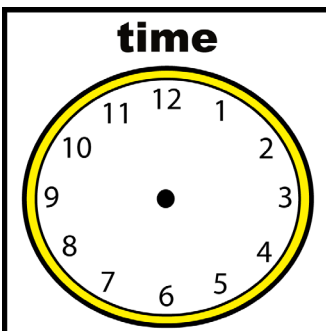


The pill is prescribed by your GP or a doctor at the sexual health clinic.



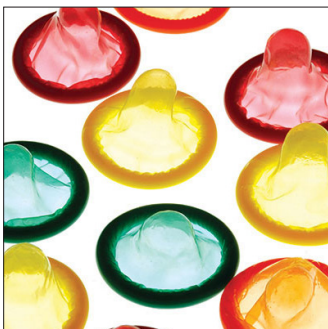
You take one pill every day.

Try and take it at the same time every day.





See your GP or doctor to get more pills.



You should still use condoms when having sex.

Condoms can prevent sexually transmitted infections.



You can get free condoms from:

- Sexual Health Clinics
- some GPs in Forth Valley
- online by post from
<https://www.freecondomscentral.co.uk>

Or you can buy them from supermarkets or pharmacies.

To book an appointment at your local Sexual Health Clinic call 01324 673554 or check the website for local clinic times.

[Services for All \(centralsexualhealth.org\)](http://centralsexualhealth.org)

www.centralsexualhealth.org

Remember that it is your choice if you want to have sex or not.

You should never have sex if you don't want to.

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