

Smear Tests



Smear tests are offered to all women aged between 20 and 60.

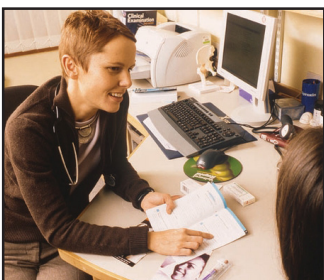


A smear test reduces the risk of cervical cancer.



Your GP or doctor will send you a letter every 3 years.

The letter will tell you to phone and make an appointment.



A GP, doctor or nurse will carry out the smear test.

It only takes a few minutes.



The only time you can't have a smear test is during your period.



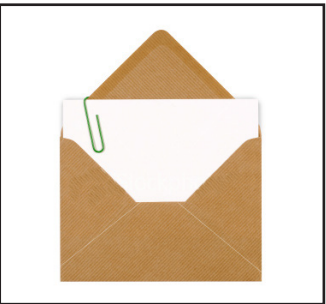
You will be asked to take off your knickers and lie on the examination table.



They will insert a speculum in to your vagina.

They will take a small sample of cells from your cervix.

This shouldn't hurt.



This sample will be sent to the hospital to check for disease or infection.

A few weeks later you will get a letter with the results.



If the results show any changes to your cervix, the doctor will ask to see you again

www.centralesexualhealth.org

Remember that it is your choice if you want to have sex or not.

You should never have sex if you don't want to.

January 2023