

Good practice summary for harmful sexual behaviour in schools

Step 1 - Prevention

Giving all learners the skills and knowledge to avoid harmful sexual behaviour.

Key learning - Relationships, Sexual Health & Parenthood Education to all learners at primary school on private body parts, touch, consent, healthy relationships, bullying, how babies are made, people who can help.

Key learning - Relationships, Sexual Health & Parenthood Education to all learners at secondary school on relationships, sex, abuse, online safety, the Law, people who can help.

Recommended resource: www.rshp.scot

Other useful topics; Mental, Emotional, Social & Physical Wellbeing, Planning for Choices and Changes.

Mentors In Violence Prevention, White Ribbon, 16 days of Action

Step 2 - When harmful sexual behaviours occurs

All incidents recorded on SEEMIS , including low to high level incidents

Complete the Monitoring Form

Monitoring-Form.pdf (centralsexualhealth.org)

to include nature and context of behaviour, triggers/patterns, the voice of the child, the account of others, why the behaviour occurs, parent/carer responses, concerns and prior learning. This form links to the Traffic Light Tool and Hackett Continuum.

Develop a consistent Response to behaviour at home and school (e.g No, that's not okay).

Liaise with Child Protection Co-ordinator if appropriate. Risk assessment if required. Safety planning if required [Resources for education settings | CSA Centre](#)

Step 3 - Planning intervention

Use the completed Monitoring Form from step 2 to identify what support the child/ young person needs.

Additional paperwork- using the Good Lives Model and SHANARRI to take a holistic approach with a Young Person's Checklist [_Checklist.pdf](#) (centralsexualhealth.org)

TAC meeting if required - allocate who does what (e.g. school teach RSHP, social work to support family, CAMHS assessment etc).

Create Action Plan [_Action-Planning.pdf](#) (centralsexualhealth.org)

Additional advice if required

National Helpline and Website

[Lucy Faithfull Foundation Scotland - Stop It Now](#)

NHS Sexual Health Team

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Scenarios, full guidelines and other helpful links

[Harmful Sexual Behaviour – Central Sexual Health](#)